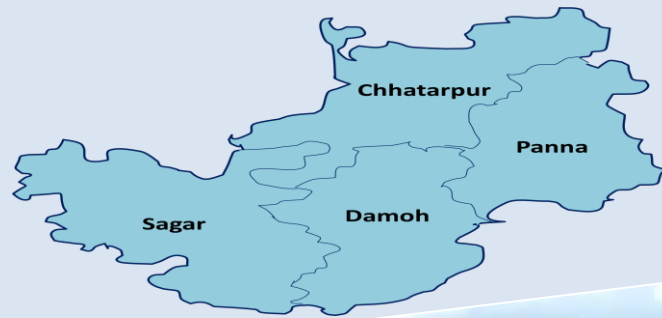




ANNUAL REPORT

2020-21

GRAMIN VIKAS SAMITI



ABOUT GVS

Gramin Vikas Samiti(GVS) was formed on 16 June 1992 and was registered under the Society Registration Act.

GVS always has made an attempt to ensure the Right to Justice, Peace, Development, no caste, class, gender-based-discrimination; we have worked for a society in which the poor have control on their nature as well as livelihood resources, people co-exist with nature, equality prevails in the society, and the citizens of India have strong moral values.

Our intervention areas are the remote areas of the following districts Damoh, Panna, Sagar and Chhatarpur of Bundelkhan Region. Where, the organization decides the priority keeping in mind these areas, the people who belong to tribal, dalit and backward community.

Our Vision:

We envision the society in which the poor, weak, marginalized and vulnerable sections of the society, especially Tribal, Dalit, Backward Community, women and children of rural areas, have equal rights,

social justice, peace, respect, security and dignity in their lives, where the society is free from discrimination and everyone has access to better health, education and livelihood opportunities.

Our Mission:

We aspire to build a strong society by connecting the poor, weaker, marginalized, deprived and vulnerable sections of rural areas with the government's health related schemes and services, making education accessible to children preserving and promoting people's art and culture, building capacity of the community through empowering women and youth, assisting the farmers to adopt farm-mechanized and organic techniques of farming to improve their livelihood.

Goal:

“To ensure stop more child marriages rather than the last year and to altered beliefs amongst the people about the Child marriage along with its dissemination”.

GVS development activities aim to achieve 9 points

- **Women Empowerment**
- **Health of Adolescent Girls**
- **Childcare & Protection**
- **Education**
- **Poverty**
- **Livelihood**
- **Environment**
- **Maternal & Child Health**
- **Nutrition Food**

DISASTER RELIEF

GVS collaborate with the administration in the National disasters through the approach with the determination and positive strength to provide adequate needed support to the needy ones.

Since the last year 2020, when there was a sudden lockdown in the country with the aim of saving the country from the epidemic, causing a sudden food crisis in front of the poor, vulnerable and marginalized people. People did not understand what to do in these circumstances.

At the time of this food crisis, it was decided by the organization to work in emergency relief; initiation of relief work was started by generating awareness among people and were told about ways to prevent the epidemic such as maintain social distancing, wear a mask on the face, stay safe at homes, don't go outside from their house unnecessarily.

Apart from it, 15000 masks were distributed to cover the face in the prevention from corona and this disaster took starvation, therefore to prevent children and people from food crises we approached to the district administration and a list of 1500 poor families was handed over to the district administration and it was demanded that ration material should be made available to them immediately. Atta, pulses, rice and spices were distributed to these poor families by the district administration.



GVS's Response to COVID-19 Crisis



COVID-19 protocol compliance consistently promoted adoption of healthy practices & ensured compliance across intervention area and stockholders in all operational areas



Health Advisory shared with teams, messages displayed at ground locations/remote areas and at key corners of communities through wall writing, posters, electronic media, and infographics



Frontline workers (Teachers, PRI, ANM, ASHA, AWW, CBO etc.) were sensitized to carry messages of preventive care to beneficiaries



Hygiene Corner in community and school premises have encouraged the adoption of healthy behavior

among children and these values transferred to families and neighborhoods



Mental health support provided at the ground level and has been accorded high priority. A medical counselor mobilized to offer support to the community ensuring that they stay positive



Life Skilling ensured greater inclusion, altered beliefs, practices, self-image and increased confidence



Distribution of Masks and soap as a sanitizer across project locations took initiatives of stitching masks to distribute across the remote areas and other stockholders including health officials and government bodies, which helped protect lives.

Further, GVS made an arrangement of dry food and after the identification of vulnerable, neediest families of 4374 children from Buxwaha district Chhaterpur, Pawai district Panna and Tendukheda, Jabera district Damoh itself. we provided them a Dry Food Kit which consists food approximately for a month and all these families/individuals were completed in phases during the lockdown, the dry food kit consist of Wheat flour-10kg, Rice-10kg, Toor dal 2kg, Moong Dal-1kg, Soya Oil-2Ltr, Pie Nuts-2kg, Soya Chuks-500gms, Salt-1kg, Termeric-100gms, Chili Powder-100gms, and soap as a sanitizer were given to the poor/vulnerable/deprived families.

The wave of an unprecedented Corona pandemic is yet to recede even after a year and as a sense of uncertainty looms large and future appears bleak. GVS takes this opportunity to echo positivity through celebrating positive experiences, breaking cycle of pessimism & adversity, and strengthening social solidarity. Achievements in some of our key flagship initiatives, particularly during the last two quarters, enable us in picking up the threads and sustaining the pace as we move forward with an unwavering focus.

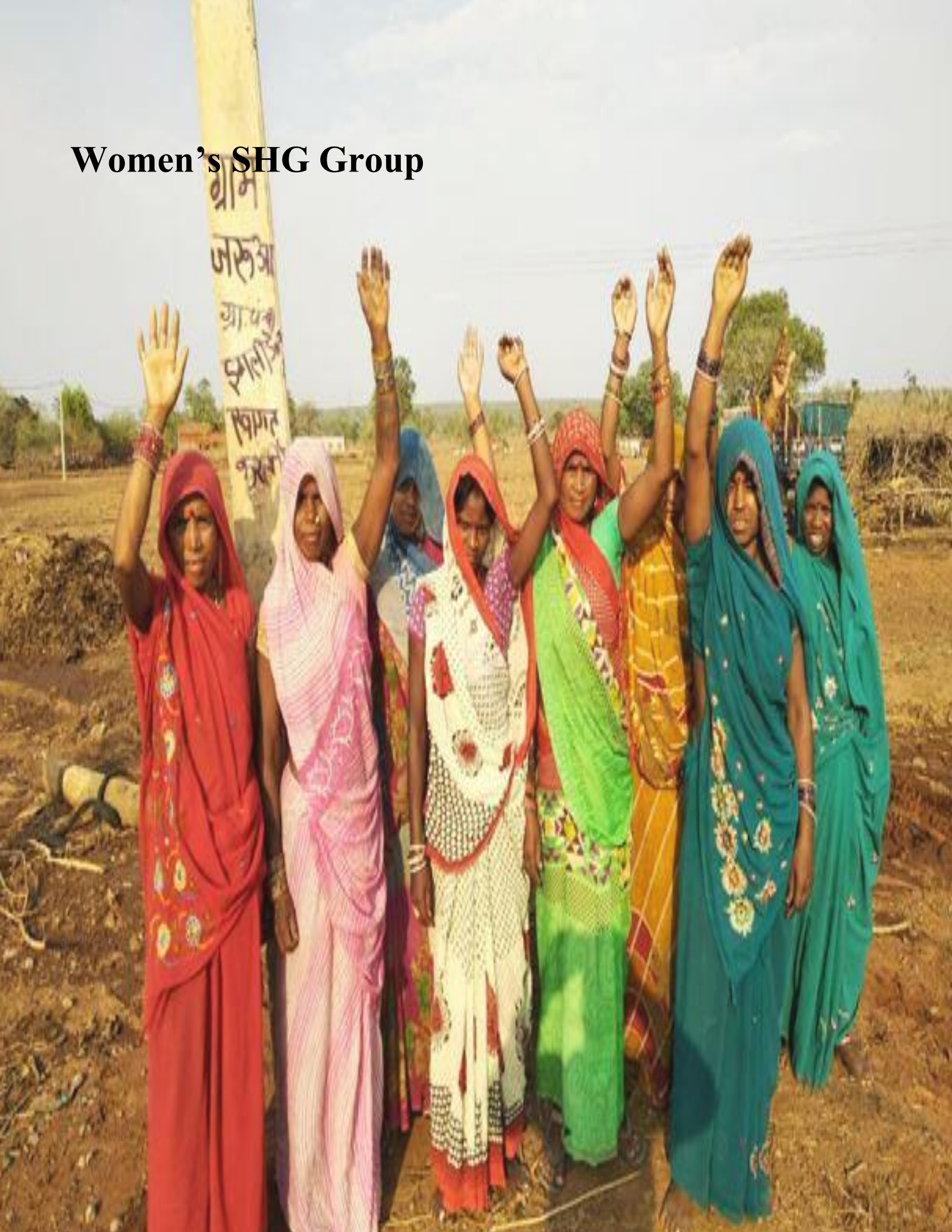
WOMEN EMPOWERMENT

For emerging the women, to strengthen them, 55 women groups were formed in the intervention area, for the women belongs to tribal, dalit and backward class from remote area of Damoh district of Bundelkhand region.

Motivational Activities for the Women: Programs like International Women's Day have been organized, in the programs by giving priority to women's awareness for women's rights. On 8 March 2021, for the awareness of women's rights, work was done by the organization to give the message of women's rights through wall writing and village meetings in Damoh, Tendukheda and Jaberla blocks of the district. International Women's Day was organized by the organization in remote area Imlidol, in which more than 280 women from 12 villages, in addition to women, child development and health department workers and officials participated for the second time in remote areas for women's rights, took the matter. Information was given about the schemes being run by the government in the interest of women. This type of program increased enthusiasm and knowledge among the women of backward areas so that they would be able to use their rights as per the need.



Women's SHG Group



ADOLSCENT GIRLS

Girls are the future, so let us improve their life. For the betterment and welfare of Adolescent girls, GVS has already decided to work for the backbone of lives and our future.

GVS has been conducting various significant programs/sessions for women, adolescent girls who cover their health, sanitation, hygiene, anemia, education and so many more. Accordingly, in health we facilitate health schemes. Women suffer from the various embarrassments due to traditional cultures, illogical thoughts on women.

Through the health sessions information related physical and external self-consciousness was given to more than 3000 adolescent girls for good health. The use of napkin for girls was explained and it was advised to avoid physical weakness by regular consumption of iron tablets, to prevent them from anemia, made aware of the benefits of consuming seasonal fruits and vegetables available in the area.



Anemia

As we know that from the ancient times women play a significant role in the family and they are the caretaker of their family, **“They feed their family members first, after that they eat leftover food”** due to which they often not beware about their health so as a result most of the women and adolescent girls are suffering from anemia.

Therefore, in order to prevent themselves from anemia, GVS organize small campaigns in which we disseminate relevant information about the importance of most significant iron rich foods, seasonable green leafy vegetables easily found their locality such as **palak, munga bhaji, sarso bhaji, lalbhaji, chana bhaji, norpa ki bhaji, maithi, bhatua etc.** through the hearth sessions, food demos.

Establishment of Kitchen Garden

Also, in order to reduce anemia, we motivate people and promote them for the establishment of Kitchen Garden by providing seeds in more than 350 families, demonstrations of kitchen garden were made in the fields. Vegetables like spinach, fenugreek, naurpa, bathua, mustard seeds and gourd, beans, turai, barvati were planted in these kitchen gardens. How these Sak bhajis and seasonal vegetables grown in the surrounding forests are collected and cooked and how delicious their taste is. We demonstrated cooking and testing

demos these kitchen gardens were shown to more than 854 people in and around the village by taking a tour so that they could also understand its benefits. These Sak Bhajis are being used in a better way by the people.

Further, we have already explained the benefits of sprouting rajma, gram, lentils, moong, and eating it with jaggery were told to adolescent girls, pregnant women and lactating women to prevent anemia. This benefited more than 1500 adolescent girls of the area.



CHILDREN

CHILDLINE 1098



For Child protection, the Ministry of Women and Child Development, Government of India has entrusted the responsibility of providing security for children on CHILDLINE 1098 by selecting the Gramin Vikas Samiti (GVS), which the organization is fulfilling the responsibilities with full responsibility.

The CHILDLINE works in 1250 villages of Damoh district of Madhya Pradesh for the Care and Protection of children in trouble, destitute children, missing children, abused children, orphan, abandoned, runaway, children are in conflict with law, to stop child marriage etc. Through the campaigns, information about child safety and child rights was given among about 7000 children in 14 Higher Secondary Schools, High Schools and Middle Schools of the district. Through outreach, information was reached to 15 Lakh people in Damoh City, also award 15 Lakh population of the Damoh district through wall writings, posters, pamphlets and newspapers etc. also explained about the work of CHILDLINE.



During the year, 970 cases were registered in CHILDLINE 1098, out of which provided Medical help in 76 cases, stopped 30 Child Marriages, Intervention in 10 Child sexual abuse and 12 Beggary case, restoration of 21 missing child, 60 cases pertaining to child protection, In 84 cases provided other kind of assistance such as sponsorship, Aadhar making, Admission in schools and so on were resolved; issues like beggary, child labor, sanitary pads for girls were placed before the district administration, which drew attention to their problems.

Education

To connect children with education, by participating in the government-run School Chalon campaign, cooperation was given in Block Tendukheda, Jabera of district Damoh. The children whose names could not be registered in the school, those children were searched and presented in front of the senior officials of the district, attention was drawn and the admissions of the children were done. Children have been linked with education by providing child protection and child protection by providing hostels for destitute children. By identifying dropout out children, such children have been prevented from being deprived of education by getting them back in schools and classes. Girls have been motivated for higher education so that due to the efforts of the organization, girls struggling in the life of scarcity are also studying in colleges.

Health & Hygiene

Under the “Swachh Bharat Abhiyan” wall writing, posters, pamphlets, street meetings and painting competition were organized in district Damoh. Through this program in relation to physical cleanliness, mental cleanliness, cleanliness of the premises and cleanliness of the surroundings, this message was reached to about 17 thousand people. Tree plantation was done in schools, Sanitary Pads, Savlon, Brush, Paste were distributed free of cost to the girls of Slums and hand washing practice was also done.

To give the message of cleanliness to the children of 6 to 14 years in 25 schools of the area, with 2600 children, a practice for hand washing was conducted in all the 13 habitations and people were motivated to wash their hands with soap by doing practical. People were made to practice so that the diseases of the people are reduced, the campus remains self-clean, so that the heart and mind remain energetic and further steps should be taken to join the main stream of development.

Awareness Rallies

Health awareness rallies were organized by the organization in the intervention area. In which work was done to give message for “Beti Bachao Beti Padhao”, Child Protection Week, awareness of women's rights, 550 children participated in these rallies and through rallies this message was reached to 150,000 people.

LIFE SKILL PROGRAMS

Everyone must need to have good skills for the betterment, improvement, bright future and to achieve the goals. This shows that life skill matters.

According to the Child Rights and Child Center Module, GVS organize various activities for the life skill development of children. In order to increase the enthusiasm of children, girls and boys, children were encouraged by the institution, and promoted them to play tribal games and all the professional sports and games such that race, sack race, jalebi race, bow arrow, gilli danda, ghor and ghor rani, teepu etc. some of them are traditional games. Further, for their motivation prizes were distributed to them. Further, GVS also organize small workshops for the children from the intervention area, wherein, we taught them about their rights, development, and compulsory education etc. especially for the girl child/girls.

Child Activity Center: We have reached up to more than 1200 children for the development of children Physically, Mentally, and Intellectual and to build capacity we have organized capacity building sessions, provided life skill trainings. Through the various small group meetings we explained children about their growth from their birth, how your environment family, society, culture, institution etc. affects their life, what most significant things they should have, how they can achieve their goals, how imagination become true, what are the factors which may affect them more. Also aware children about the importance of education and explain how it plays a vital role in their life as well as more essential things.



LIVELIHOOD

GVS have been working to improve the livelihood of the most vulnerable, tribal, dalit, and backward class community. Organization did various things such as, we organize demonstration in the real time in the community of remote/unreached areas, to do so farmer clubs were formed in more than 100 villages of Damoh district, with the objective of improving the livelihood of these small and marginal farmers, reducing the cost of cultivation and increasing the production of paddy, wheat, gram, lentils, paddy, Demons were conducted by training people to cultivate mustard. In this, the technology of organic manure prepared by the organization was told to the farmers. In which 500 farmers of 35 villages increased the production by doing demonstrations and made the members of the Farmers Club visit their fields. A total of 70 groups are being operated in 35 villages of Damoh district, 55 women groups and 15 Self Help Groups. Women in these groups are encouraged to adopt small savings methods and help their group mates when needed, so that women can escape from the clutches of moneylenders and meet their normal needs. Out of some of these women have started small business like goat rearing, poultry farming, brick kiln, grocery shop etc.



ENVIRONMENT

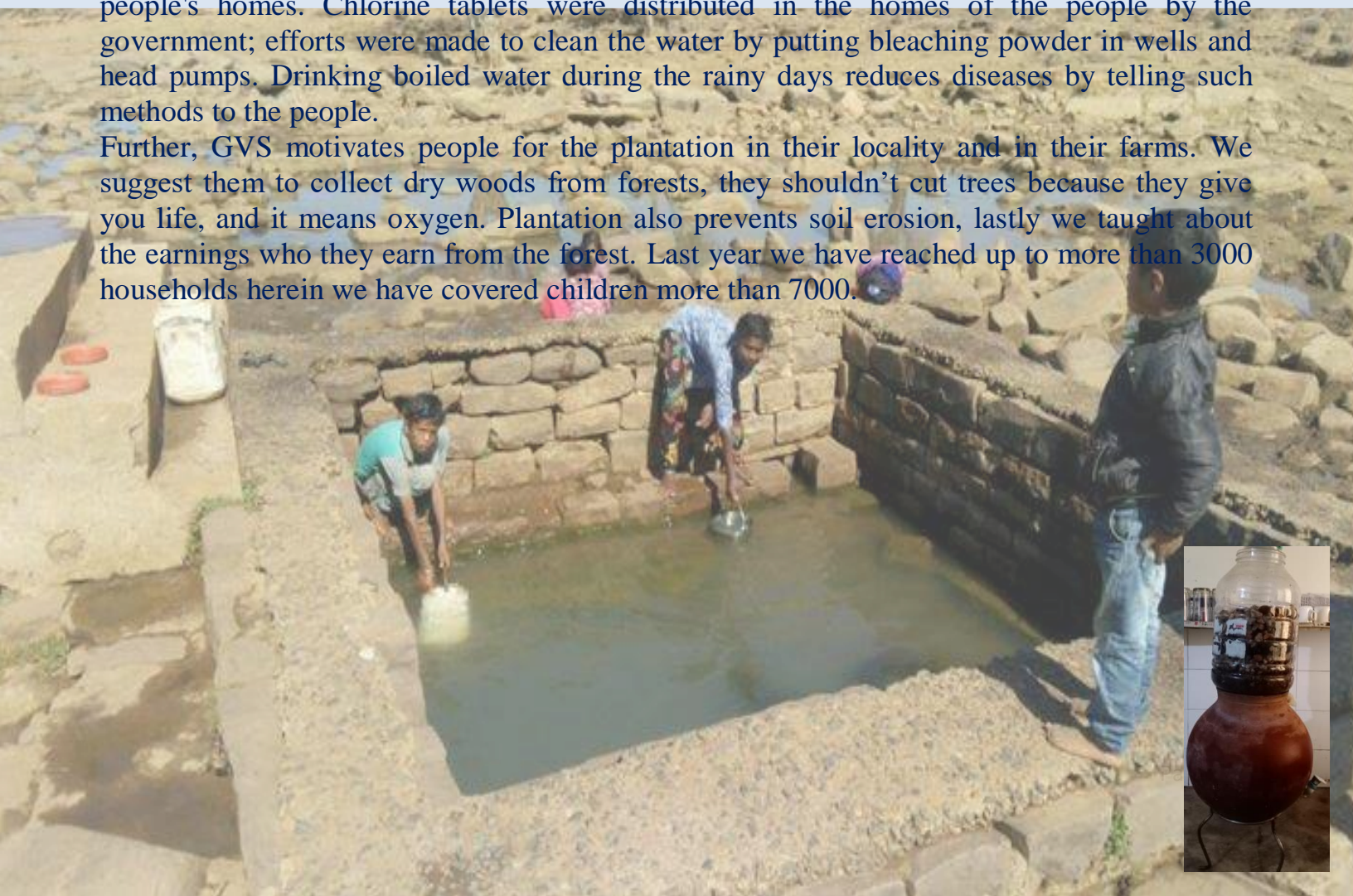
Preservation of Water & Its resources

The world's most desirous thing is the nurture, it give us various things to alive. Due to regular consumption of natural resources states that we must save our Environment which includes various vital things for our life and for the wellbeing for the humanity. Since last few decades feel the impact due to over consumption of natural resources.

GVS works at the different level to protect the nature or natural resources such as we built community groups and aware them about our nature, we explain how the things are vital and taught the significant lesion to save the lives of upcoming generations.

We work within the community such as tribal, dalit, and backward. By living with them we organize campaign to save the water, soil erosion, deforestation etc. In hill stations people use water from the natural or human made resources that contains most of the time contaminated water, due to which people are suffer from various water borne diseases in different seasons, due to which they have to face problems as well as spend a lot of money to maintain their health. Health is an issue that hinders people to rise. To reduce this problem, the organization made indigenous water filters to clean water from locally available sand, pebbles, clay and charcoal, in villages, water was made clean by making this water filter in people's homes. Chlorine tablets were distributed in the homes of the people by the government; efforts were made to clean the water by putting bleaching powder in wells and head pumps. Drinking boiled water during the rainy days reduces diseases by telling such methods to the people.

Further, GVS motivates people for the plantation in their locality and in their farms. We suggest them to collect dry woods from forests, they shouldn't cut trees because they give you life, and it means oxygen. Plantation also prevents soil erosion, lastly we taught about the earnings who they earn from the forest. Last year we have reached up to more than 3000 households herein we have covered children more than 7000.



MATERNAL & CHILD HEALTH



We focus on the issues pertaining to Maternal and Child Health, wherein we aware PLM (pregnant women and lactating mother) and their family about health, hygiene, sanitation, breastfeeding practices such as colostrums, exclusive and complementary and also the most significant nutritional diet.

DISABILITY PROJECT

We are the mentor of the people who are disabled severally, who lives their life without any dignity, most of are vulnerable, they suffer from the ignorance in society or in community. We address their issues and try to resolve them. For their welfare and virtue, to build they strengthen, to increase their dignity, moral values, to engage them in their economic development. Consequently, to inspire, empower them so that they can live with dignity. Therefore, in order to provide mobility Aids for poor, dalit and tribal disabled children and people, and to the neediest identified people from the remote areas of Damoh district, the distribution of tricycles and wheelchairs has been done by the organization.



Celebration of National Nutrition Day



To disseminate the information about the importance of Nutritional diet, GVS organized National Nutrition Day in the 27 villages and 5 slum areas of district Damoh.

Testimony of Success

Last year we have successfully stopped 28 Child marriages in Damoh district and during the intervention we are able to disseminate relevant information about child marriage.

We approached to district administration for the demand of the construction of PHC at Tejgarh and now PHC is operational. Other than this, several demands were given to the district administration for the new construction and to repair government buildings at the ground level and the construction and repair work was done.

Success Stories:

The Ration Card of Basori saved from put on mortgage.

This story is all about a labor named Basori Gond, he is a 42 year old man and he used to live with his family in a small village Jarua a remote area which is 16 km away from of block Tendukheda of district Damoh, Madhya Pradesh. Basori used to work as a labor and sometimes he migrate to other cities in the search of wages by which he can earn hardly INR 150 to INR 200/- only and maintain all the expenses of his family.

Basori was stuck in the other city where he works and due to lockdown he lost his wage and somehow he came back to his village Jarua. He was helpless during the lockdown because he doesn't get any kind of work or wage. One day his wife was suffered from fever and his daughter was also suffering from anemia but he don't have enough money for the treatment of his wife and he was not able to provide nutritional food or appropriate food to his children. For treatment of his wife and food he pledged Ration card which was issued by the Indian PDS scheme (Right to

food security Act 2013) and started borrowing money Rs.2000/- for which he was paying interest of INR 20/month for every INR 100/-.

GVS identified Basori's family during the survey and included his family in the list of mostly impacted/affected family due to lockdown and also included in the list of dry food kit distribution. GVS provided him the dry food kit which consists (Wheat flour – 10kg, Rice-10kg, Moong Dal-1kg, Chana Dal-1kg, Soya refined cooking oil- 1Ltr, Sugar-1kg, Salt-1kg, Soya Chunks-500gms, Turmeric-100gms, Chilli-100grms, Potato-5kg, and Onion-4kg), by getting this support he told "GVS gave me food at the right time because I am going to pledge my Ration Card, you saved my Ration Card, now I can feed my family for a month and I have no need to put my Ration card on pledge and I have extended time for one month to search wage". Consequently, Basori Gond is happy and searching for wage to overcome from the financial problems. Basori promised that he will do hard work. Lastly, Basori thanked GVS for providing food support during the crucial time.

Savita's Moral Increased (Never lose hope)

Savita came to Damoh after her marriage in the age of 14 year, next day of her marriage she had get on rag-picking to survive, from then Savita wake up at 5:00AM in the morning and she go for rag-picking sometimes she go in noon, this is the routine of Savita. Her first child was died at the time of delivery then she gives birth to two children. All the deliveries were happened at her home a slum area and in slum all the women have been giving birth at their homes this is happening because the government schemes are not reaching to them or they are not able to take benefits of the government schemes. Savita got pregnant and she will give birth to her fourth children at the age of approx 21 years.

Due to sudden outbreak of COVID-19, India was lockdown in the prevention from corona and the market was closed along with the junk shops due to which Savita was unable to sale her junk as a result her family suffered food crises. In this food crises her children were also faced starvation. City was lockdown but still she used to go for to collect trash because she think that if the junk will not sold out then she will store the junk in her house. Life was in more difficult and she was unable to borrow money and if she asked someone for the loan, nobody used to give a loan. One day she went outside in the noon for the rag-picking and she got unconscious somewhere due to hunger. One day GVS team interacted with Savita and asked about the problems she was facing in the lockdown then she told that "I don't have Aadhaar Card, food grain slip (Ration Card), I don't have any other documents, I don't have any knowledge about the government schemes so in this situation I am scared and I have an anxiety about my upcoming delivery because after the postnatal I have to stay at home at least for five days and I don't have money and food to eat and rag-picking is our profession, if I don't do this then what I will eat and what will I feed to my

kids and my newly born infant, and who will go to collect trash.

Savita was in the close consideration by GVS team since the starting of lockdown and GVS team have been informed her about the government schemes and motivated her and told her to visit the district hospital for her regular checkups and to ensure the delivery should be occur in the District Hospital Damoh, from where you will get Rs.1400/ on post natal in the institution and this will help you to provide the post natal care to her infant. GVS team took her to the District Hospital for the health checkups due to this her moral increased and confident. She reached to the District Hospital at the time of delivery where she gave birth to a girl the delivery was happened normally but the food crises is still ongoing due to (COVID-19) pandemic, in this situation **GVS team took the Food Kit to her home and provided that Food Kit to Savita. Savita was dirastically happy by getting the Food Kit for a month and she told that this is the first time ever I am getting such kind of support from anyone. This will be a first time when I will no need to go to collect trash after four or five days from the delivery.**

Consequently, Savita is confident by getting the Food Kit containing food grains for a month and she is staying at home and happily providing the post natal care to her newly born infant and she is feeding her kids; take caring herself. Savita also told that she will do hard work and she will save the money to fight against such crises. Lastly, she thanked to the Food Kit provider on her own words.



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